



Mercy Center, Inc

520 West Buena Ventura
Colorado Springs, CO 80907

719.633.2302
719.633.1031 fax
www.mercycenter.com
themercycenter@aol.com

April 9, 2018

Dear Applicant,

Thank you for your interest in our programs. Our residential programs are designed to meet the particular needs of each participant and we combine individual, group and workshop opportunities for your personal growth experience. Our Guest Houses and Main Facility are air-conditioned.

Our Guest Houses and Main Facility are air-conditioned. They provide individual bedrooms, conference rooms, library, TV room, dining room, kitchen and chapel as well as a fully equipped exercise room. The Mercy Center staff prepares lunch and dinner but breakfast is prepared on your own. Participants help with cleanup after meals.

The Mercy Center invites you to come and learn more about the ministry of personal healing, wholeness, and well-being. We are located within the Colorado Springs area and are twenty minutes from the Colorado Springs Airport. We provide transportation to and from the airport. ***As we have space for only twenty residents, please contact the Mercy Center about program availability before sending an application and deposit. The earlier we receive your program application and fee, the earlier we can reserve your place.*** Please plan on arriving on Saturday or no later than 5pm Sunday for our welcome celebration and departing either Friday after 1 p.m. or Saturday morning.

If I can be of further assistance to you, please do not hesitate to contact me.

In Christ,

Timothy Fogle

Timothy Fogle, Marketing Director

Mercy Center is a 501 (c) 3 tax exempt /not-for-profit organization

Program Charges

Program charges cover the professional services of the participant, including directed retreat, spiritual direction (one session per week), plus room and board. Board at the Center includes not only meals but also the use of laundry machines, linens, stationery, and materials for special activities. Also included in these charges are scheduled trips that are part of the program. Vehicles are available for a small rental charge. Expenses of a personal nature or other optional activities—medical treatment, long distance telephone calls, arts and crafts, weekend excursions, postage, personal purchases, special diet needs and any additional sessions of spiritual direction, counseling, inner healing, massage and breath and bodywork (\$50 per session), etc.—are not included in the program charges. Past participants have estimated that an adequate budget for personal expenses might range from \$500 to \$1,000, depending on activities chosen and purchases made.

These program fees are contingent upon current economic conditions and could be adjusted each year (All dollar amounts are US currency rates.):

\$3,200.00	Spiritual Direction Training Program
\$1,950.00	Spiritual Direction Training Program – Non Resident
\$60.00	Application Fee (non-refundable)
\$60.00	Additional Individual Sessions (Counseling, Inner Healing, Spiritual Direction, Massage, Breath and Bodywork)
\$60.00	Additional nights and suggested nightly fee for visiting guests

Our programs begin on Monday morning and ends Friday noon. Participants are asked to arrive on Saturday or Sunday prior to the program and to depart Friday after 1 p.m. or Saturday a.m. These days are not charged. If a participant wishes to arrive prior to Saturday or extend his/her stay after the following Saturday, the \$35 additional night fee would apply. Pre-approval is needed due to limited space.

All program fees are due 60 days prior to program. Your full payment is due to confirm you space in our program. Your full payment is due no later than 30 days before your arrival. Any services or expenses must be paid for at time of usage or purchase.

When arranging flights to Mercy Center, the arrival airport is Colorado Springs, Colorado.

Transportation

Flying in:

Please call (719.633.2302), e-mail (themercycenter@aol.com) or Fax (719.633.1031) your travel itinerary no later than one week prior to your program. Upon your arrival at the Colorado Springs, Colorado, Airport we ask you to contact us at **719.339.8540** and we will give you instructions as to where to meet us. Typically after getting your luggage, you will exit the airport and turn left. There is a waiting area and someone will arrive approx 30 minutes after we talk to you. If you receive no answer, please call again within a few minutes. You may need a calling card or change to call from the pay phones in the airport.

Driving in:

Interstate 25 runs north and south through Colorado Springs. Take Exit 143 (Uintah). Turn west (towards the Mountains). The first intersection is Walnut and Uintah. Turn right (north) and continue 3.5 blocks. The Mercy Center is located on the right, next to the park. It is a two-story pink building with 520 above the door. Walnut curves into Buena Ventura. (There is no street sign indicating Buena Ventura until you are past the building).

Additional Services at Mercy Center

During the program, participants have the opportunity to receive inner healing, individual psychotherapy, mandala assessment, spiritual direction, massage therapy, and breath and bodywork. You may wish to budget additional sessions at the cost of \$50 per fifty-minute session. Payments for all services are due at time of session, or you may wish to prepay for sessions and you may include it in your program check. Please indicate how many sessions you are prepaying for.

Listed below are some of the items we provide and some of the items you could bring for your personal comfort. Dress is casual. For your personal spending you may wish to bring cash, Travelers' checks or credit cards, we cannot cash checks for you.

Items provided:

Bed linens, blankets, pillows, alarm clock
Towels, washcloths
Laundry machines, soap, irons
Jacuzzi/Hot tub
2 computers, Accessibility to e-mail

Items to bring:

Both semesters:

Bathing suit, water shoes, summer hat, sun-tan lotion, umbrella
Toiletries, body lotion, flashlight, backpack, large carry bag

Fall semester: (warm until November)

Light clothes, sweaters & jacket + warm clothes
Warm jacket, hat, gloves, boots

Spring semester: (much colder)

Warm clothes, warm jacket, etc. + a few light clothes

Items available for purchase:

Stamps, telephone cards, books & tapes

1. Our Mailing address if you wish to receive mail is:
The Mercy Center, 520 West Buena Ventura St., Colorado Springs, CO 80907
Fax 719.633.1031
2. Light housekeeping is a regular part of the program. We sponsor several cookouts and are located by a natural park with hiking trails. Bring some outdoor clothing and good walking shoes/boots.
3. Weekends are free for travel—Friday noon until Monday 9am Class.
4. Participants are welcomed to cook an evening meal if they so desire. Bring along your favorite recipes!
5. The Mercy Center will try to provide for simple dietary needs; however, you will be asked to purchase any specialty items that you may need such as flour, breads, oils, etc. Also, a participant who is on a special diet may be asked to prepare some of his/her own meals.
6. US postal service, UPS and Federal Express all deliver and pick up at our Center.
7. Walgreens Pharmacy is the closest to the Mercy Center.
8. Departure is Friday afternoon or Saturday morning. Departure on Sunday must be arranged with the Mercy Center and additional fee \$35.00 apply.

We hope that these details will help you prepare so that when you arrive at the Mercy Center you can relax and be at home. We want you to be at ease as you come to enjoy and benefit from your time at the Mercy Center.

Cancellation policy: A partial refund (50% of program fee) will be given in the event of a cancellation 30 days prior to the program. The other 50% will be applied towards a future MC program fee for you or your religious community (if applicable). Less than 60 days 100% of your program fees will be applied to a future program.



The purpose of the Director Training Program is to ensure that by prayer, study, supervision, and experience, students will be able to participate in the mission of Spiritual Direction. Our goals are to help individuals: understand and appreciate the ministry of Spiritual Direction based on a spirituality of mercy, experience the process of spiritual direction, grow in the ability to notice interior dispositions that are consonant with a Christian identity, develop skills of listening, responding and initiating, and assess personal strengths, weaknesses and growth in the ministry of spiritual direction. Spiritual Direction involves a process of sharing your relationship about God and self-revelation to another person. God is to be met in all circumstances of life. Spiritual Direction deals with a person's relationship with God and the ramifications in life of this relationship and the conversion process. The director helps the directee to note and interpret the significant movements, countermovements, and changes in his or her inner daily experiences. The director also helps the directee to move with and act upon the experiences of consolation and to endure with patience the unavoidable experiences of desolation.

Date: July 2, - August 3, 2018

Fee: \$3,200 includes room/board, transportation to/from Colorado Springs airport, workbook, MBTI answer sheets, and other resources.

Topic Areas Include:

- Compassion: Carrying the Oils of Gladness & Joy
- Theological Reflection: Where is God in all this mess?
- Group Spiritual Direction and skill development
- The Art of Individual Spiritual Direction
- Spiritual Direction Inventory & Bonding & Building Trust
- Movement and Countermovement
- Personal Growing Edge & Professional Boundaries
- Peer Supervision: Real Play & Verbatim
- Spiritual Development & Models of Formation
- Dreams & Archetypes & Symbols and Holy Images
- St. Teresa of Avila and St. John of the Cross: Understanding mysticism
- Code of Ethics: Do's & Don'ts
- Listening Heart with Tender Mercy: Storytelling
- Purpose and Goals of Spiritual Direction
- Myers-Briggs Type Indicator
- Silence, Solitude & Contemplative Way
- Mandala Exploration and Assessment using art expressions (3 days)
- Spiritual Blocks & Stumbling Stones
- Genogram: Family of Origin- searching for blessings and burdens
- Theology of Evil
- Consolation and Desolation
- Termination & Referrals & Creating a network of resources

Ask for an Application or go to www.mercycenter.com



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Program Application

Spiritual Direction Training Program: Program Date _____

Name: _____

Date of Birth: _____ Email _____

Address: _____

City: _____ State: _____ Zip: _____

Daytime Phone: (____) _____

Evening Phone: (____) _____

Occupation: _____

SSN: _____ Religion/Denomination _____

Married Single Widow/er Priest Religious

Other _____

Children and Ages

1. Please describe briefly your personal experience as a recipient:
Counseling: private, group, family, marriage

Spiritual direction-

Medical care – surgery -

Chemotherapy, Radiation, Medication (Presently using) -

Individual or support groups or therapy, etc.

2. What have been the results of this work?

3. List 3 goals you would like to achieve during your personal program.

4. Are you presently under psychiatric care, medication, private therapy?
(Please explain.)

5. Please list any other health care practitioners with whom you work with for personal wellness.

Would you say that you are in good physical health? If not, please explain:

6. Describe your relationship with God. How do you pray? How do you become aware of God's presence in your life?

7. Have you completed the Myers-Briggs Type Indicator within the last two years? If so, what is your profile? _____ What have you learned about your profile and your strengths and weaknesses?

8. Have you worked with the Enneagram and come to discover your personal compulsion and number? If so, please identify your number_____. What have you learned about your compulsion and movement towards redemption?

9. Please indicate with a **yes or no** all that apply and briefly explain your experiences. Have you worked with:

_____A spiritual director

_____An inner healing provider

_____Dreams & Archetypes

_____Mandala symbolism

_____Active imagination

- _____ Journaling
- _____ Visualization
- _____ Breath work
- _____ Therapeutic touch
- _____ Bodywork
- _____ Inner child healing
- _____ Anger work
- _____ Any other _____

10. Do you have training in the following areas? If yes, who provided the training and date.

- Enneagram _____ Date _____
- Myers-Briggs Type Indicator _____ Date _____
- California Personality Inventory _____ Date _____
- Mandala Drawing _____ Date _____
- Dream Work _____ Date _____
- Journal Writing _____ Date _____

Other Training:

On separate paper, please write your autobiography (under 5 pages).

Return application with \$60 non-refundable registration fee to:
Mercy Center, Inc., 520 West Buena Ventura, Colorado Springs, CO 80907
Or Email to: themercycenter@aol.com

or Fax to 719.633.1031
 (Program fee must be paid in full 30 days prior to the program.)

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RICH IN MERCY ~ SPIRITUAL DIRECTION ~ SESSIONS

SESSION 1 - *Rich In Mercy Encyclical* and *The Art of Spiritual Guidance*

What is Spiritual Direction?
Goals of Spiritual Direction
Spiritual Direction Inventory and Contract, Disclosure Statement
Spirituality of Mercy

SESSION 2 - *Holy Listening* and *The Art of Christian Listening*

Advice to a New Director, Do's and Don'ts, Guidelines for Spiritual Director
Movement/Countermovement
Supervision, Verbatim
Storytelling
History of Spirituality, Mercy Life Line

SESSION 3 – *Between People* and *Spiritual Direction: Beyond the Beginnings*

Bonding and Building Trust
Communication Skills
Spiritual and Psychological Issues
Code of Ethics

SESSION 4 - *Stages of Faith* and *Spiritual Development: An Interdisciplinary Study*

Stages of Faith Development
Psycho-Social/Psycho-Sexual Development

SESSION 5 - *Healing Spiritual Abuse and Religious Addiction* and *The Renewal and the Power of Darkness*

Genogram: Family Systems
Systems of Grief
Religious Addiction and Spiritual Abuse
Theology of Evil

SESSION 6 - *Spiritual Passages, Fathering the Next Generation*

Tools and Techniques: Dream Work, Lectio Divina, Theological Reflection,
Spiritual Exercises

SESSION 7- *Please Understand Me (optional)*

Myers-Briggs Type Indicator

SESSION 8 – **Teresa of Avila: The Interior Castle:** The Classics of Western Spirituality, Paulist Press - Teresa of Avila and St. John of the Cross

(Saturday Workshop optional) Enneagram and Compulsions and Vices

SESSION 9 – *Discernment: The Art of Choosing Well*

Discernment
Call of the Soul
Termination

SESSION 10 - *The Other Side of Silence*

Retreat: Personal/Communal Assessment of Spiritual Direction Skills

Spiritual Direction Training – Book Order Form

Required Books:

The Art of Spiritual Guidance, <i>Gratton</i>	\$24.95
Stages of Faith, <i>Fowler</i>	\$16.00
Spiritual Development: An Interdisciplinary Study, <i>Helminiak</i>	\$17.95
*Renewal and the Power of Darkness, <i>Suenens</i>	\$ 7.50
Fathering the Next Generation, <i>Jarema</i>	\$14.95
Spiritual Direction: Beyond the Beginnings, <i>Janet Ruffing</i>	\$12.95
Between People, <i>Sanford (check availability)</i>	
The Art of Christian Listening, <i>Hart</i>	\$ 8.95
Healing Spiritual Abuse & Religious Addiction, <i>Linn, Linn, Linn</i>	\$ 8.95
Spiritual Passages, <i>Groeschel</i>	\$18.95
Enneagram Companions, <i>Suzanne Zuercher</i>	\$12.95
The Other Side of Silence, <i>Kelsey</i>	\$22.95
Discernment: The Art of Choosing Well, <i>Pierre Wolfe</i>	\$11.95
Holy Listening, <i>Guenther</i>	\$11.95
Rich in Mercy Encyclical, <i>Pope John Paul II</i>	\$ 6.00
Dreams and Spiritual Growth, <i>Savary, Berne, Williams</i>	\$14.95
The Call to the Soul: Six Stages of Spiritual Development, <i>Marjory Bankson</i>	\$14.95
The Invisible Partners, <i>Sanford</i>	\$ 8.95
*Teresa of Avila: The Interior Castle: The Classics of Western Spirituality, Paulist Press -	\$15.95

Optional Books of Interest:

Looking into the Well, <i>Maureen Conroy</i>	\$15.95
Growing in Freedom, <i>Maureen Conroy</i>	\$ 9.95
The Wisdom of the Enneagram, <i>Don Riso and Russ Hudson</i>	\$18.95
Please Understand Me, <i>Keirse and Bates</i>	\$11.95
Woman at the Well, <i>Fischer</i>	\$14.95
Boundary Power, <i>O'Neil and Newbold</i>	\$20.00
The Practice of Spiritual Direction, <i>Barry & Connolly</i>	\$17.00
The Enneagram and Spiritual Direction, <i>James Empereur</i>	\$21.95
Out of Solitude, <i>Nouwen</i>	\$ 6.95
A Gift of Hope: How We Survive Our Tragedies	\$12.00

Sub Total _____

Shipping and Handling \$5.00 for the first book and \$10 for three books

Total _____

Please Charge my _____ VISA or _____ MasterCard

Card Number _____ Exp. Date _____

Ship To:

Name _____

Address: _____

City, State, zip _____

Phone(h) _____ (w) _____

Please make checks payable to: Mercy Center 520 West Buena Ventura St., Colorado Springs, CO 80907
 Prices subject to change due to availability and publishers' discretion, and your invoice will reflect current price status. *Out of Print, copies available through Mercy Center. Thank you for your support of the Mercy Center

Spiritual Directors – Summer Institute – 2018

Saturday – June 30, 2018

Arrival of Students

Sunday – July 1, 2018

5:30pm - Evening Meal

Daily Schedule Monday – Friday- Group Spiritual Direction - 11:00 a.m.

Week 1

Monday – July 2, 2018

Books: *Rich In Mercy Encyclical, The Art of Spiritual Guidance*

8:00 a.m. – 11:00 a.m. Orientation & Intro. Sp. Direction, Oils of Gladness, Goals, Contract, Inventory

1:30 p.m. – 3:30 p.m. Do's & Don'ts, Movement/Counter-movement
Peer Supervision/Group Spiritual Direction

Tuesday – July 3, 2018

Book: *Holy Listening*

9:15 a.m. – 11:00 a.m. Storytelling, Mercy Life Line

1:30 p.m. – 3:30 p.m. Communication Skills, Building Trust

Wednesday – July 4, 2018

Book: *The Art of Christian Listening*

9:15 a.m. – 11:00 a.m. Spirituality of Mercy

1:30 p.m. - 3:30 p.m. Theological Reflection

Thursday – July 5, 2018

Book: *Between People*

9:15 a.m. – 11:00 a.m. Introduction to Dreams & Archetypes

1:30 p.m. – 3:30 p.m. Dream Work/Group

Friday – July 6, 2018

Book: *Spiritual Direction: Beyond the Beginnings*

9:15 a.m. – 11:00 a.m. Peer Supervision/GSD

Week 2

Monday – July 9, 2018

Book: *Stages of Faith*

9:15 a.m. – 11:00 a.m. Genogram

1:30 p.m. – 3:30 p.m. Mercy Life Line

Tuesday – July 10, 2018

Book: *Spiritual Passages*

9:15 a.m. – 11:00 a.m. Stages of Faith Development

1:30 p.m. – 3:30 p.m. Psycho-Sexual Development

Wednesday – July 11, 2018

Book: *Healing Spiritual Abuse & Religious Addiction*

9:15 a.m. – 11:00 a.m. Intro to Myers-Briggs

1:30 – 3:30p.m. Theological Reflection

Thursday – July 12, 2018

Book: *Spiritual Development: An Interdisciplinary Study*

9:15 a.m. – 11:00 a.m. Communication and Prayer

1:30 – 3:30 p.m. Consolation/Desolation

Friday – July 13, 2018

9:15 a.m. – 11:00 a.m. Peer Supervision/Group Spiritual Direction

Week 3

Monday – July 16, 2018

Mandala

Tuesday – July 17, 2018

Mandala

Wednesday – July 18, 2018
Mandala

Thursday – July 19, 2018

Friday – July 20, 2018

Week 4

Monday – July 23, 2018

Book: *The Renewal and the Power of Darkness*

9:15 a.m. – 11:00 a.m. Theology of Evil
1:30 p.m. – 3:30 p.m. Religious Addiction & Spiritual Abuse

Book:

Tuesday – July 24, 2018

Book: *Teresa of Avila: The Interior Castle*

9:15 a.m. – 11:00 a.m. Genograms and Systems of Grief
1:30 p.m. – 3:30 p.m. Theological Reflection

Wednesday – July 25, 2018

Book: *Fire Upon the Earth*

9:15 a.m. – 11:00 a.m. Teresa of Avila
1:30 p.m. – 3:30 p.m. Teresa of Avila

Thursday – July 26, 2018

Book: *Code of Ethics for Spiritual Directors*

9:15 a.m. – 11:00 a.m. Teresa of Avila
1:30 p.m. – 3:30 p.m. Teresa of Avila

Friday – July 27, 2018

9:15 a.m. – 11:15 a.m. Peer Supervision/Group Spiritual Direction

Monday- July 30, 2018 - *Creating Mandalas (optional)*

9:15 a.m. – 11:00 a.m. Code of Ethics/Boundaries/Termination
1:30 – 3:30 p.m. Call of the Soul

Tuesday- August 1, 2018

Book: *Call of the Soul*

9:15 a.m. – 11:00 a.m. Call of the Soul
1:30 p.m. – 3:30 p.m. Call of the Soul

Wednesday-August 1, 2018 - Book: *The Other Side of Silence*

9:15 a.m. – 11:00 a.m. Boundaries and Power Styles
1:30 p.m. – 3:30 p.m. Peer Supervision/Group Spiritual Direction

Thursday-August 2, 2018 - Book: *Discernment: the Art of Choosing Well*

9:15 a.m. – 11:00 a.m. Discernment/Choicemaking
1:30 p.m. – 3:00 p.m. Retreat Contemplation
5:30 Meal of Thanksgiving